

Gyeonggi Suwon International School Menu

<January>

	Mon(1.8)	Tue(1.9)	Wed(1.10)	Thu(1.11)	Fri(1.12)
Korean Menu	-	Ja-jang Rice ^{㉔㉈} Tofu Miso Soup ^㉔ Boiled Dumpling ^{㉈㉑} Seasoned Green Kimchi ^㉓ White Kimchi	Stir Fried Chicken ^{㉔㉑㉑} Multigrain Rice Rice cake Soup ^{㉔㉔} Pumpkin & Crab Stick ^{㉔㉒} Kimchi ^㉓ White Kimchi	Stir Fried Pork & Cabbage ssam ^{㉔㉑㉈} Multigrain Rice Bean Paste Soup ^㉔ Stir Fried Curd Fish ^{㉔㉑} Kimchi ^㉓ White Kimchi	Fried Tofu Udon ^{㉔㉑} Multigrain Rice Okonomiyaki ^{㉔㉔㉑㉑} Seasoned Radish Pickle Radish Kimchi ^㉓ White Kimchi
International Menu	-	Sweet Chili Chicken ^{㉔㉔㉑㉑} Steamed Rice Mung Bean Sprout & Bacon Bacon ^{㉔㉈} Vitamin & Grapefruit Cream Bread Soup ^{㉔㉔㉑㉑} Fruit	Mix Pasta ^{㉔㉑㉑㉑} Rusk ^{㉔㉔㉔㉑} Mushroom & Onion ^㉔ Chickpeas Salad ^㉔ Fruit	Keema & Nacho ^{㉔㉔㉑㉑} Steamed Rice Fried Potato Sauteed Vegetable ^{㉔㉑㉔} Cream Mushroom Soup ^{㉔㉔㉑㉑} Fruit	Stir Fried Pork w/Black bean sauce ^{㉔㉔㉑㉑} Steamed Rice Beans & Onion ^㉔ Ceasar Salad ^{㉔㉔㉔㉑㉑} Dessert/Fruit
	Mon(1.15)	Tue(1.16)	Wed(1.17)	Thu(1.18)	Fri(1.19)
Korean Menu	Hard Boiled Pork ^{㉔㉑㉑} Multigrain Rice Soft Tofu Soup ^㉔ Steamed Egg ^㉔ Kimchi ^㉓ White Kimchi	Bean Sprout Rice Bean Paste Soup ^㉔ Grilled Fish ^{㉔㉑} (ES-Stir Fried Egg&Tomato ^{㉔㉑㉑㉑}) Mung Bean Jelly Salad Radish Kimchi ^㉓ White Kimchi	Stir Fried Pork w/ Kimchi ^㉔ ^{㉈㉓} Multigrain Rice Seaweed Soup ^㉔ Steamed Tofu ^㉔ Kimchi ^㉓ White Kimchi	Seolleongtang ^{㉔㉑㉑} Multigrain Rice Leek Pancake ^{㉔㉑} Jab chai ^㉔ Radish Kimchi ^㉓ White Kimchi	Stir Fried Rice w/Kimchi ^{㉔㉓} Egg Soup ^㉔ Spring Roll ^{㉔㉑} Stir Fried Green laver ^㉔ Kimchi ^㉓ White Kimchi
International Menu	Pork Goulash ^{㉔㉑㉑㉑} Steamed Rice Cauliflower & Paprika ^㉔ Hawaiian Salad ^{㉔㉔} Chicken Noodle Soup ^{㉔㉑㉑} Fruit	Chicken Cutlet ^{㉔㉔㉑㉑} Steamed Rice Mixed Vegetable ^㉔ Cabbage & Apple Salad ^㉔ Cream Onion Soup ^{㉔㉔㉑㉑} Fruit	Yakisoba ^{㉔㉑㉑} Takoyaki ^{㉔㉔㉑㉑} Young corn & Bokchoy ^㉔ Cramy Salad ^{㉔㉒} Fruit	Fried Chicken w/Oyster Sauce ^{㉔㉔㉑㉑} Steamed Rice Thai Style Vegetables ^㉔ Lentil Salad ^㉔ Cream Vegetable Soup ^{㉔㉔㉑㉑} Fruit	Teriyaki Chicken ^{㉔㉑㉑} Steamed Rice Grilled Vegetable Dutch Salad ^{㉔㉔㉑} Egg Soup ^㉔ Fruit

<Food Allergy Notice> ㉔Egg ㉔Milk ㉓Peanut ㉔Soybean ㉑Wheat ㉒Mackerel ㉓Shrimp ㉈Pork ㉑Peach ㉑Tomato ㉑Walnut ㉑Chicken ㉑Beef ㉑Squid ㉑Shellfish ㉑Buckwheat ㉑Sulfite ㉑Crab ㉑Mushroom

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< January >

	Mon(1.22)	Tue(1.23)	Wed(1.24)	Thu(1.25)	Fri(1.26)
Korean Menu	Stir Fried Chicken w/Noodle ⓓⓔⓁ Multigrain Rice Bean Paste Soupⓓ Korean Acorn Jelly Saladⓓ KimchiⓄ White Kimchi	Stir Fried Pork w/Bean Sproutⓓⓔⓗ Multigrain Rice Bean Paste Soupⓓ Stir Fried Eggplantⓓ (ES-Grilled Cheese Vegetableⓓⓓ) KimchiⓄ / White Kimchi	Stir Fried Duck & Sausage ⓓⓔⓁ Multigrain Rice Kimchi SoupⓄ Soft Tofu & Soy sauceⓓ KimchiⓄ White Kimchi	Sauteed Chicken w/Radish Pickle Ssam ⓓⓔⓁ Multigrain Rice Bean Sprout Soup ⓓ Buckwheat Noodles ⓓⓔⓅ KimchiⓄ White Kimchi	Dduck-Kal-Biⓐⓓⓔⓗ Steamed Rice Banquet Noodleⓔ Sweet potato w/Honeyⓓ KimchiⓄ White Kimchi
International Menu	Japanese Style Curryⓓⓓⓔ Steamed Rice Beans & Onionⓓ Tomato & Spinach Saladⓙ Cream Sweet Potato Soup ⓓⓓⓔⓁ Fruit	Quesadilla ⓓⓓⓔⓁ Fried Potato Mushroom & Onion Vinagrete Fruit	Penne Pastaⓓⓔⓙ Garlic Breadⓓⓔ Braised Bacon Cabbageⓓⓗ Dutch Saladⓐ ⓓⓓ Fruit	Pork Chop ⓓⓔⓗ Steamed Rice Ratatouille ⓓⓓⓙ Vitamin & Pineapple Saladⓓ Cream Carrot SoupⓓⓓⓔⓁ Fruit	Mongolian Porkⓓⓔⓗ Steamed Rice Broccoli & Onionⓓ Hwaiian Saladⓐⓓ Fruit Dessert
	Mon(1.29)	Tue(1.30)	Wed(1.31)	Thu(2.1)	Fri(2.2)
Korean Menu	Stir Fried Pork ⓓⓔⓗ Multigrain Rice Sujebi Soupⓔⓓ Stir Fried Anchovy ⓓ KimchiⓄ White Kimchi	Tuna Mayo Riceⓐⓓ Soft Tofu Soupⓓ Steamed Dumplingⓓⓔⓗⓓ Stewed Potatoⓓⓔ KimchiⓄ White Kimchi	Stewed Chicken w/ Sweet PumpkinⓓⓔⓁ Multigrain Rice Pepper Paste Soup ⓓⓔⓁ Denil's tongue jelly & vegetableⓓ KimchiⓄ / White Kimchi		
International Menu	Chicken StewⓓⓔⓙⓁ Steamed Rice Young Corn & Vegetableⓓ Grilled Eggplant Salad ⓓ Cream Pumpkin Soup ⓓⓓⓔⓁ Fruit	Sweet Sour Pork ⓐⓓⓔⓗ Steamed Rice Mung Bean Sprout & Bacon ⓓⓗ Cabbage & Apple Saladⓓ Cream Bread SoupⓓⓓⓔⓁ Fruit	Meat Sauce Pasta ⓓⓓⓔⓗⓁ Cinnamon Toast ⓐⓓⓓⓔ Sauteed Vegetableⓓ Greek Salad ⓓⓓⓗ Fruit		

<Food Allergy Notice> ⓐEgg ⓓMilk ⓄPeanut ⓓSoybean ⓔWheat ⓕMackerel ⓄShrimp ⓗPork ⓁPeach ⓙTomato ⓀWalnut ⓁChicken
 ⓓBeef ⓓSquid ⓄShellfish ⓅBuckwheat ⓄSulfite ⓕCrab ⓓMushroom

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<Salad Bar>

	Mon	Tue	Wed	Thu	Fri
S a l a d	Tuna Spread (a)(b)(d) Vegetable Stick Green salad/dressing(d) Kidney Beans Sweet Corn Crouton(a)(b)(d)(e) Pickle Onion Ham(h) Tomato(j) Lettuce	Egg Spread(a)(b)(d) Pasta salad(a)(d)(e)(j) Green salad/dressing(d) Cereal Black Olive Crouton(a)(b)(d)(e) Jalapeno Onion Ham(h) Tomato(j) Lettuce	Tuna Spread (a)(b)(d) Vegetable Stick Green salad/dressing(d) Dried Banana Chips Green Olive Crouton(a)(b)(d)(e) Pickle Paprika Ham(h) Tomato(j) Lettuce	Yogurt Bar(b)	Potato Spread (a)(b)(d) Vegetable Stick Green salad/dressing(d) Kidney Beans Raisin Crouton(a)(b)(d)(e) Jalapeno Onion Ham(h) Tomato(j) Lettuce
				Fruit Bar	
				Snack Bar	
				Self Bar (d)(e)(h)	
b a r	Milk(b) Juice Corn Tea Butter(b) Strawberry jam/Grape jam Morning roll(a)(b)(d)(e) Bread(a)(b)(d)(e)	Milk(b) Juice Barley Tea Butter(b) Strawberry jam/Grape jam Wheat Baguette(a)(b)(d)(e) Bread(a)(b)(d)(e)	Milk(b) Juice Corn Tea Butter(b) Strawberry jam/Grape jam Morning roll(a)(b)(d)(e) Bread(a)(b)(d)(e)	Milk(b) Juice Barley Tea Butter(b) Strawberry jam/Grape jam Morning roll(a)(b)(d)(e) Bread(a)(b)(d)(e)	Milk(b) Juice Corn Tea Butter(b) Strawberry jam/Grape jam Morning roll(a)(b)(d)(e) Bread(a)(b)(d)(e)

<Food Allergy Notice> (a)Egg (b) Milk (c)Peanut (d)Soybean (e)Wheat (f)Mackerel (g)Shrimp (h)Pork (i)Peach (j)Tomato (k)Walnut (l)Chicken (m)Beef (n)Squid (o)Shellfish (p)Buckwheat (q)Sulfite (r)Crab (s)Mushroom

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