

# Gyeonggi Suwon International School Menu

## < June >

	Mon(5.29)	Tue(5.30)	Wed(5.31)	Thu(6.1)	Fri(6.2)
Korean Menu	Stir Fried Squid w/ Rice Cake <sup>㉔</sup> <sup>㉔</sup> Multigrain Rice Bean Paste Soup <sup>㉔</sup> Jab-Chai <sup>㉔</sup> Kimchi <sup>㉔</sup> White Kimchi	Grilled Fish <sup>㉔</sup> (ES - Homemade Sweet Pumpkin croquette <sup>㉔</sup> ) Multigrain Rice Su-Ge-Bi Soup <sup>㉔</sup> Stir Fried Fish Curd <sup>㉔</sup> Kimchi <sup>㉔</sup> White Kimchi	Stewed Tofu <sup>㉔</sup> Multigrain Rice Chicken Soup <sup>㉔</sup> Seasoned Bean Sprouts <sup>㉔</sup> Kimchi <sup>㉔</sup> White Kimchi	Stir Fried Pork <sup>㉔</sup> Multigrain Rice Seaweed Soup Green Salad Kimchi <sup>㉔</sup> White Kimchi	Stir Fried Rice /w Kimchi & Ham <sup>㉔</sup> Bean Paste Soup <sup>㉔</sup> Fried Potato <sup>㉔</sup> Sweet Potato & Apple Salad <sup>㉔</sup> Kimchi <sup>㉔</sup> White Kimchi
International Menu	Pork Goulash <sup>㉔</sup> Steamed Rice Broccoli & Paprika <sup>㉔</sup> (ES - Stir Fried Sausage <sup>㉔</sup> ) Lentil Salad <sup>㉔</sup> Chicken Noodle Soup <sup>㉔</sup> Fruit	Butadon <sup>㉔</sup> Steamed Rice Honey Carrot <sup>㉔</sup> (ES - Boiled Dumpling <sup>㉔</sup> ) Cabbage & Apple Salad <sup>㉔</sup> Cream Mushroom Soup <sup>㉔</sup> Fruit	Carbonara <sup>㉔</sup> Chocolate Cake <sup>㉔</sup> Grilled Vegetable <sup>㉔</sup> (ES - Egg Scramble <sup>㉔</sup> ) Liegeoise Salad Fruit	Braised Chicken w/ Lemon <sup>㉔</sup> Steamed Rice Chinese Vegetable Stir <sup>㉔</sup> (ES - Boiled Dumpling <sup>㉔</sup> ) Cucumber & Tomato Salad <sup>㉔</sup> Cream Carrot Soup <sup>㉔</sup> Fruit	Pork Chop Suey <sup>㉔</sup> Steamed Rice Braised Bacon Cabbage <sup>㉔</sup> (ES - Stewed Egg <sup>㉔</sup> ) Ensalade Valenciana Cream Peas Soup <sup>㉔</sup> Fruit
	Mon(6.5)	Tue(6.6)	Wed(6.7)	Thu(6.8)	Fri(6.9)
Korean Menu	Steamed Chicken w/ soy sauce <sup>㉔</sup> Multigrain Rice Bean Sprouts Soup Stir fried curd fish <sup>㉔</sup> Kimchi <sup>㉔</sup> White Kimchi	Stir Fried Rice Cake <sup>㉔</sup> Stir Fried gimbap <sup>㉔</sup> Clear Soup Fried Gimari <sup>㉔</sup> Kimchi <sup>㉔</sup> White Kimchi	Stir Fried Pork w/ soy sauce <sup>㉔</sup> Multigrain Rice Bean Paste Soup <sup>㉔</sup> Stewed Lotus Root <sup>㉔</sup> Kimchi <sup>㉔</sup> White Kimchi	Kimchi Pancake <sup>㉔</sup> Multigrain Rice Rice Cake&Man-du soup <sup>㉔</sup> Jelly Salad Kimchi <sup>㉔</sup> White Kimchi	No Lunch
International Menu	Beef Curry <sup>㉔</sup> Steamed Rice Roasted Zucchini <sup>㉔</sup> (ES - Spring Roll <sup>㉔</sup> ) Hawaiian Salad <sup>㉔</sup> Chicken Noodle Soup <sup>㉔</sup> Fruit	Barbecued Pork <sup>㉔</sup> Steamed Rice Grilled Vegetable <sup>㉔</sup> Japanese Salad <sup>㉔</sup> Cream Onion Soup <sup>㉔</sup> Fruit	Rose Pasta <sup>㉔</sup> Rusk <sup>㉔</sup> Beans & Onion <sup>㉔</sup> Caesar Salad <sup>㉔</sup> Fruit	Pork Chops <sup>㉔</sup> Vegetables & Baby Corn <sup>㉔</sup> Grilled Eggplant Salad <sup>㉔</sup> Cream Sweet Potato Soup <sup>㉔</sup> Fruit	No Lunch

<Food Allergy Notice> ㉔Egg ㉔Milk ㉔Peanut ㉔Soybean ㉔Wheat ㉔Mackerel ㉔Shrimp ㉔Pork ㉔Peach ㉔Tomato ㉔Walnut ㉔Chicken ㉔Beef ㉔Squid ㉔Shellfish ㉔Buckwheat ㉔Sulfite ㉔Crab ㉔Mushroom

\* This menu can be changed depending on its ingredients.

# Gyeonggi Suwon International School Menu

## <Salad Bar>

	Mon	Tue	Wed	Thu	Fri
S a l a d	Spread(Ham, Tuna) (a)(b)(d)(h) Pasta salad(a)(d)(e)(j) Green salad/dressing(d) Crouton(a)(b)(d)(e) Ham(h) Pickle Onion Tomato(j) Lettuce Kidney Beans	Spread(Potato, Crab) (a)(b)(d)(r) Vegetable Stick Green salad/dressing(d) Crouton(a)(b)(d)(e) Ham(h) Jalapeno Onion Tomato(j) Lettuce Small Egg(a)	Spread(Chicken, Tuna) (a)(b)(d)(I) Pasta salad(a)(d)(e)(j) Green salad/dressing(d) Crouton(a)(b)(d)(e) Ham(h) Pickle Onion Tomato(j) Lettuce Dried Banana Chips	Spread(Cream Cheese, Sweet Potato)(a)(b)(d) Vegetable Stick Green salad/dressing(d) Crouton(a)(b)(d)(e) Ham(h) Pickle Jalapeno Black Olive Tomato(j) Lettuce Cereal	Spread(Pimento, Tuna)(a)(b)(d) Pasta salad(a)(d)(e)(j) Green salad/dressing(d) Crouton(a)(b)(d)(e) Ham(h) Pickle Green Olive Tomato(j) Lettuce Raisin
b a r	Butter(b) Strawberry jam/Grape jam Morning roll(a)(b)(d)(e) Bread(a)(b)(d)(e) Milk(b) Juice Barley Tea	Butter(b) Strawberry jam/Grape jam Wheat Baguette(a)(b)(d)(e) Bread(a)(b)(d)(e) Milk(b) Juice Corn Tea	Butter(b) Strawberry jam/Grape jam Morning roll(a)(b)(d)(e) Bread(a)(b)(d)(e) Milk(b) Juice Barley Tea	Butter(b) Strawberry jam/Grape jam Wheat Baguette(a)(b)(d)(e) Bread(a)(b)(d)(e) Milk(b) Juice Corn Tea	Butter(b) Strawberry jam/Grape jam Morning roll(a)(b)(d)(e) Bread(a)(b)(d)(e) Milk(b) Juice Barley Tea

<Country Of Origin> Rice, Pork, Chicken, Kim-chi(Cabbage, Red Pepper Powder), Squid, Mackerel : Product of Korea  
 Beef : Product of Australia

<Food Allergy Notice> (a)Egg (b) Milk (c)Peanut (d)Soybean (e)Wheat (f)Mackerel (g)Shrimp (h)Pork (i)Peach (j)Tomato (k)Walnut (l)Chicken  
 (m)Beef (n)Squid (o)Shellfish (p)Buckwheat (q)Sulfite (r)Crab (s)Mushroom

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