

Gyeonggi Suwon International School Menu

< May >

	Mon(5.1)	Tue(5.2)	Wed(5.3)	Thu(5.4)	Fri(5.5)
Korean Menu	Stir Fried Pork w/ Hot Sauce ^㉔ ^㉔ Multigrain Rice Dry Pollack Soup ^㉔ Stewed Lotus Root ^㉔ Kimchi ^㉔ White Kimchi	Homemade Dduck-Kal-Bi ^㉔ ^㉔ Stir Fried gimbap ^㉔ Bean Paste Soup ^㉔ Jelly & Vegetable Salad ^㉔ Kimchi ^㉔ White Kimchi	Seafood Meuniera ^㉔ ^㉔ Multigrain Rice Rice Cake Soup ^㉔ Seasoned Green & Tofu ^㉔ Kimchi ^㉔ White Kimchi	Fried Fish ^㉔ Multigrain Rice Kimchi Soup ^㉔ Stir Fried Potato ^㉔ Kimchi ^㉔ White Kimchi	Children`s Day
International Menu	Beef Stew ^㉔ Steamed Rice Braised Bacon Cabbage ^㉔ (ES-Stir Fried Sausage ^㉔) Coban Salad ^㉔ Cream Onion Soup ^㉔ Fruit	Garlic Chicken ^㉔ Steamed Rice Sauteed Vegetable ^㉔ (ES-Fried Dumpling ^㉔) Vitamin Grapefruit Salad Cream Sweet Potato Soup ^㉔ Fruit	Pastry Hot Dog ^㉔ ^㉔ Fried Potato ^㉔ Mix Vegetable ^㉔ (ES-Stewed Egg ^㉔) Chef Salad Fruit	Barbecued Pork ^㉔ Steamed Rice Beans & Onion ^㉔ (ES-Boiled Dumpling ^㉔) Spinach Salad ^㉔ Chicken Noodle Soup ^㉔ Fruit	Children`s Day
	Mon(5.8)	Tue(5.9)	Wed(5.10)	Thu(5.11)	Fri(5.12)
Korean Menu	Stir Fried Chicken w/ Hot Sauce ^㉔ Multigrain Rice Seaweed Soup Stir Fried Sausage & Vegetable ^㉔ Kimchi ^㉔ White Kimchi	Boiled Pork (Bossam) ^㉔ Multigrain Rice Bean Paste Soup ^㉔ Seasoned Greens Kimchi ^㉔ White Kimchi	Stew Pork w/ Soy beans ^㉔ Multigrain Rice Bean Sprouts Soup ^㉔ Jelly Salad ^㉔ Kimchi ^㉔ White Kimchi	Fried Potato w/ Pork ^㉔ Stir Fried Rice w/ kimchi ^㉔ Bean Paste Soup ^㉔ Stir Fried Green laver Kimchi ^㉔ White Kimchi	Steamed Dumpling ^㉔ Multigrain Rice Noodle w/Fried Tofu ^㉔ Seasoned Greens Kimchi ^㉔ White Kimchi
International Menu	Pork Chop Suey ^㉔ Steamed Rice Vegetables & Baby Corn ^㉔ (ES-Spring Roll ^㉔) Ensalade Valenciana ^㉔ Cream Peas Soup ^㉔ Fruit	Vegetable Curry ^㉔ Steamed Rice Roasted Zucchini Salad ^㉔ ^㉔ Japanese Salad ^㉔ Bean Paste Soup ^㉔ Fruit	Meat Sauce Spaghetti ^㉔ ^㉔ Rusk ^㉔ Fried Vegetable ^㉔ Caesar Salad ^㉔ Fruit	Vegetable Burrito ^㉔ Mexican Corn ^㉔ Green Salad Chicken Noodle Soup ^㉔ Fruit	Sweet Sour Pork ^㉔ Steamed Rice Stir Fried Asparagus ^㉔ (ES-Grilled Cheese Potato ^㉔) Cucumber & Tomato Salad ^㉔ Cream Potato Soup ^㉔ Fruit

<Food Allergy Notice> ㉔Egg ㉔Milk ㉔Peanut ㉔Soybean ㉔Wheat ㉔Mackerel ㉔Shrimp ㉔Pork ㉔Peach ㉔Tomato ㉔Walnut ㉔Chicken ㉔Beef ㉔Squid ㉔Shellfish ㉔Buckwheat ㉔Sulfite ㉔Crab ㉔Mushroom

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Gyeonggi Suwon International School Menu

< May >

	Mon(5.15)	Tue(5.16)	Wed(5.17)	Thu(5.18)	Fri(5.19)
Korean Menu	Stir Fried Duck & Sausage(㉔㉑) (㉒㉓) Multigrain Rice Pepper Paste Soup w/Pumpkin (㉔㉑) Stir Fried Mushroom(㉔㉑) Kimchi(㉑) White Kimchi	Rice Cake Skewers (㉔㉑㉒) Multigrain Rice Mixed Ham Stew(㉔㉑㉒㉓㉑) Sweet potato w /Honey(㉔) Kimchi(㉑) White Kimchi	Pork Bulgogi(㉔㉑㉒) Multigrain Rice Bean Paste Soup Three Color Salad Kimchi(㉑) White Kimchi	Stewed Fish(㉔㉑) Multigrain Rice Soft tofu Soup(㉔) Jelly Salad(㉔) Kimchi(㉑) White Kimchi	Stir-fried Rice Cake(㉔㉑) Rice Ball Fish Curd Soup(㉔㉑) Fried Gimari(㉔㉑) Kimchi(㉑) White Kimchi
International Menu	Chicken Stew(㉔㉑㉒㉓) Steamed Rice Caponata(㉔㉑) (ES – Grilled Cheese Sweet Potato (㉔㉑)) Chick peas Salad(㉔㉑) Cream Spinach Soup(㉔㉑㉒㉓㉑) Fruit	Pork Steak Salad(㉔㉑㉒) Steamed Rice Sauteed Vegetable(㉔) (ES – Spring Roll(㉔㉑)) Waldorf Salad(㉔㉑㉒) Cream Sweet Pumpkin Soup (㉔㉑㉒㉓) Fruit	Mi Goreng(㉔㉑㉒) Banana Bread(㉔㉑㉒㉓) Thailand Vegetable Stir(㉔) (ES – Stewed Egg(㉔㉑㉒)) Grilled Eggplant Salad(㉔㉑) Fruit	Barbecued Chicken(㉔㉑㉒㉓㉑) Steamed Rice Italian Vegetable(㉔㉑) (ES – Fried Dumpling(㉔㉑㉒㉓)) Vitamin Pineapple Salad Chicken Noodle Soup(㉔㉑) Fruit	Cream Curry Udon(㉔㉑㉒㉓㉑) Steamed Rice Butter Corn(㉔) Cole Slaw(㉔㉑) Fruit
	Mon(5.22)	Tue(5.23)	Wed(5.24)	Thu(5.25)	Fri(5.26)
Korean Menu	Fired Dumpling w/ Hot Pepper Sauce(㉔㉑㉒) Mapa To-Fu w/ Rice(㉔㉑) Clear Soup Stir Fried Burdock(㉔㉑) Kimchi(㉑) White Kimchi	Stir Fried Chicken w/ Vegetable(㉔㉑㉒) Multigrain Rice Mushroom Soup(㉑) Seasoned Vegetable & Jelly Salad(㉔) Kimchi(㉑) White Kimchi	Stir Fried Pork & Squid(㉔㉑㉒) (㉑) Multigrain Rice Bean Paste Soup(㉔㉑) Seasoned Spinach(㉔) Kimchi(㉑) White Kimchi	Spring Roll(㉔㉑) Steamed Rice w/ Jajang(㉔㉑㉒) Egg Soup(㉔) Cucumber Salad(㉔) Kimchi(㉑) White Kimchi	Tuna Mayo Rice(㉔㉑㉒) Bean Paste Soup(㉔㉑) Oven Grilled Corn Cheese(㉔㉑) (㉔㉑) Stir Fried Potato(㉔) Kimchi(㉑) White Kimchi
International Menu	Leek Pork Chops(㉔㉑㉒) Steamed Rice Bok Choy & Baby Corn(㉔) (ES – Stewed Egg(㉔㉑㉒)) Greek Salad(㉔㉑) Cream Onion Soup(㉔㉑㉒㉓㉑) Fruit	Kheema(㉔㉑㉒㉓㉑) French Fries(㉔㉑) Mushroom & Onion(㉔㉑㉒) (ES - Grilled Tofu(㉔㉑)) Dutch Salad(㉔㉑) Chicken Noodle Soup(㉔㉑) Fruit	Sausage Pasta(㉔㉑㉒㉓) Garlic Bread(㉔㉑㉒㉓) Beans Sprout & Bacon(㉔㉑㉒) (ES – Egg Scramble(㉔㉑㉒)) Cobb Salad(㉔㉑) Fruit	Hot Dog(㉔㉑㉒㉓) Hot Salad(㉔) Green Salad Cream Sweet Potato Soup(㉔㉑) (㉔㉑) Fruit	Chili Pork(㉔㉑㉒㉓) Steamed Rice Peas & Carrot(㉔) (ES – Grilled Cheese Sweet Potato(㉔㉑) (㉔㉑)) Vinagrete(㉔㉑) Cream Corn Soup(㉔㉑㉒㉓㉑) Fruit

<Food Allergy Notice> ㉔Egg ㉑Milk ㉑Peanut ㉔Soybean ㉑Wheat ㉒Mackerel ㉑Shrimp ㉒Pork ㉓Peach ㉑Tomato ㉒Walnut ㉓Chicken
 ㉑Beef ㉑Squid ㉑Shellfish ㉑Buckwheat ㉑Sulfite ㉑Crab ㉑Mushroom

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Gyeonggi Suwon International School Menu

< May >

	Mon(5.29)	Tue(5.30)	Wed(5.31)		
Korean Menu	Stir Fried Squid w/ Rice Cake ^㉔ ㉔㉎ Multigrain Rice Bean Paste Soup ^{㉔㉔} Jab-Chai ^{㉔㉔} Kimchi ^㉔ White Kimchi	Grilled Fish ^{㉔㉔} (ES - Homemade Sweet Pumpkin croquette ^{㉔㉔㉔㉔}) Multigrain Rice Su-Ge-Bi Soup ^{㉔㉔} Stir Fried Fish Curd ^{㉔㉔} Kimchi ^㉔ White Kimchi	Stewed Tofu ^{㉔㉔} Multigrain Rice Chicken Soup ^{㉔㉔} Seasoned Bean Sprouts ^㉔ Kimchi ^㉔ White Kimchi		
International Menu	Pork Goulash ^{㉔㉔㉔㉔} Steamed Rice Broccoli & Paprika ^㉔ (ES - Stir Fried Sausage ^{㉔㉔㉔㉔}) Lentil Salad ^㉔ Chicken Noodle Soup ^{㉔㉔} Fruit	Butadon ^{㉔㉔㉔} Steamed Rice Honey Carrot ^㉔ (ES - Boiled Dumpling ^{㉔㉔㉔}) Cabbage & Apple Salad ^㉔ Cream Mushroom Soup ^{㉔㉔} ㉔㉔㉔ Fruit	Carbonara ^{㉔㉔㉔㉔} Chocolate Cake ^{㉔㉔㉔㉔} Grilled Vegetable ^㉔ (ES - Egg Scramble ^{㉔㉔㉔}) Liegeoise Salad Fruit		

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 ㉔Beef ㉔Squid ㉔Shellfish ㉔Buckwheat ㉔Sulfite ㉔Crab ㉔Mushroom

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Gyeonggi Suwon International School Menu

<Salad Bar>

	Mon	Tue	Wed	Thu	Fri
S a l a d	Spread(Ham, Tuna) (a)(b)(d)(h) Pasta salad(a)(d)(e)(j) Green salad/dressing(d) Crouton(a)(b)(d)(e) Ham(h) Pickle Onion Tomato(j) Lettuce Kidney Beans	Spread(Potato, Crab) (a)(b)(d)(r) Vegetable Stick Green salad/dressing(d) Crouton(a)(b)(d)(e) Ham(h) Jalapeno Onion Tomato(j) Lettuce Small Egg(a)	Spread(Chicken, Tuna) (a)(b)(d)(I) Pasta salad(a)(d)(e)(j) Green salad/dressing(d) Crouton(a)(b)(d)(e) Ham(h) Pickle Onion Tomato(j) Lettuce Dried Banana Chips	Spread(Cream Cheese, Sweet Potato)(a)(b)(d) Vegetable Stick Green salad/dressing(d) Crouton(a)(b)(d)(e) Ham(h) Pickle Jalapeno Black Olive Tomato(j) Lettuce Cereal	Spread(Pimento, Tuna)(a)(b)(d) Pasta salad(a)(d)(e)(j) Green salad/dressing(d) Crouton(a)(b)(d)(e) Ham(h) Pickle Green Olive Tomato(j) Lettuce Raisin
b a r	Butter(b) Strawberry jam/Grape jam Morning roll(a)(b)(d)(e) Bread(a)(b)(d)(e) Milk(b) Juice Barley Tea	Butter(b) Strawberry jam/Grape jam Wheat Baguette(a)(b)(d)(e) Bread(a)(b)(d)(e) Milk(b) Juice Corn Tea	Butter(b) Strawberry jam/Grape jam Morning roll(a)(b)(d)(e) Bread(a)(b)(d)(e) Milk(b) Juice Barley Tea	Butter(b) Strawberry jam/Grape jam Wheat Baguette(a)(b)(d)(e) Bread(a)(b)(d)(e) Milk(b) Juice Corn Tea	Butter(b) Strawberry jam/Grape jam Morning roll(a)(b)(d)(e) Bread(a)(b)(d)(e) Milk(b) Juice Barley Tea

<Country Of Origin> Rice, Pork, Chicken, Kim-chi(Cabbage, Red Pepper Powder), Squid, Mackerel : Product of Korea
 Beef : Product of Australia

<Food Allergy Notice> (a)Egg (b) Milk (c)Peanut (d)Soybean (e)Wheat (f)Mackerel (g)Shrimp (h)Pork (i)Peach (j)Tomato (k)Walnut (l)Chicken
 (m)Beef (n)Squid (o)Shellfish (p)Buckwheat (q)Sulfite (r)Crab (s)Mushroom

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